

# REWARDS

The more you do, the more you earn.

It's easy to earn rewards by making healthy decisions. Choose your healthy activities and watch your rewards add up. The more you do, the more you'll earn.

## What you can earn each quarter:

	Level 1 >	Level 2 >	Level 3 >	Level 4	Total rewards for the quarter
<b>Points</b>	1,000	5,000	15,000	20,000	
<b>Rewards</b>	50 All In Points	50 All In Points	80 All In Points	100 All In Points	<b>280 All In Points</b>





**Annual Max** = 280 All In Points x 4 quarters = **1,120 All In Points**

See **ways to earn points** on the next page >

**Not a member yet?** Don't miss out on all the fun! Get the mobile app or go to [join.virginpulse.com/loandepot](https://join.virginpulse.com/loandepot).



**Highlighted ways to earn points:** There are many more ways to earn! Look for **How to Earn** under the **Rewards** tab for a complete list.

	Do healthy things	Earn points	
<b>Getting started</b>	Connect activity device	150	
	Complete registration	250	
	First time using the mobile app	250	
<b>Daily</b>	Upload steps from your activity tracker (per 1,000 steps)	10	
	Track your Healthy Habits (3 per day)	10	
	Browse healthy recipes	10	
	Daily calorie tracking	20	
	Do your Daily Cards (2 per day)	20	
	Complete a Journey step	20	
	Track sleep nightly (validated)	20	
	Sleep > 7 hours in a night (validated)	50	
	<b>Weekly</b>	Favorite a recipe	10
		Add a recipe to grocery list	10
 Track sleep 10 days in a month		100	
Win the promoted Healthy Habit Challenge		200	
 Join the company challenge		200	
 Track Healthy Habits 20 days in a month		300	
 Get 7,000 steps 20 days in a month		400	
<b>Quarterly</b>	Set your interests	100	
	Complete an entire Journey (3x per quarter)	150	
	Choose your eating type	250	
	Choose your sleep profile	250	
<b>Yearly</b>	Set a wellbeing goal	200	
	Complete the Tobacco Free Agreement	100	
	Invite a colleague to join (5x per year)	50	

## Bonus points get you there faster!



**Want to reach Level 4?** Earn your bonus points! Do healthy things every day and earn big rewards. Look for the symbol above for a sampling of what you can earn.

## Who's eligible:

Employees are eligible to participate in the wellbeing program and earn rewards.

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